

Worksheets



TROUBLE
Don't Last Always

INSPIRATIONAL
LIFE NOTES AND MUSINGS
BY JC GARDNER

Worksheets

1. I Keep Asking for Steak, but All I Get is Prune Pie

Reflection: See the appendix for the full prayer. Jot down what speaks to you most.

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2. Take a Fantastic Voyage

Be intentional. Fill in the blank below by committing to doing one thing out of your comfort zone for your personal development. Make it fun and invite a friend!

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3. Potholes

Note below something that failed or didn't go your way. Name two lessons learned not to be repeated again!

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4. I'm Lost Without My Loved One

Write below one or two things you miss most about them. Then write one or two things you will do or have done to make them proud.

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5. Uh, Can I Get a Do-Over?

Note below what you are going to do over. Be careful though. It's not about what can you undo. It's about moving forward with a new mindset and a different plan leading towards a better outcome for success!

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6. The Tricky Double Standard

People _____ by outward _____,

But the _____ looks at the _____.

Lord

heart

judge

appearance

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7. Let It Go

Write at least one thing below that you need to let go and the action steps to make it a reality.

Lined writing area consisting of 25 horizontal lines.

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I want to hear from you! If this blessed your life in any way or gave you hope, inspiration or maybe even a smile, please let me know.

Thank you for your support.

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